

# Centre for Supportive Care

## Adult Bereavement Walking Group

### **Are you grieving a recent death?**

Be physically active and connect informally with others who have experienced a significant loss. The group provides an opportunity to walk and the option to share your experience of grief and loss.

Join others for six Saturdays, May 19—June 23, 10:00 am—11:30 am at the Centre for Supportive Care. Program is complimentary.

For more information or to pre-register, contact Debra at 604-948-0660 \*303 or [debra@deltahospice.org](mailto:debra@deltahospice.org).



**Harold & Veronica Savage Centre for Supportive Care**

**4631 Clarence Taylor Crescent, Ladner, BC**