



BEREAVEMENT WALKING PROGRAM

For those who have suffered the loss of a loved one.

Gather with others who are experiencing grief to walk, talk,
and offer support while receiving fresh air & exercise.

Facilitated by trained hospice volunteers.



8-week sessions are held in the spring, fall, & winter on Wed or Sat mornings.

Fall sessions start on Wed, Sept 26th & Sat, Sept 29th, 2018

(Walkers may join at any time. Attendance at all walks is not required).

The group meets at the Museum of Vancouver
1100 Chestnut St (in front of the crab sculpture)

No charge to participate: *Registration is required*

For info or to register, please contact:

Wednesday group: Sue Wong at 604-731-7805

Saturday group: Patricia Ryan at 604-263-1325

****Please call either number if unsure of which day you're interested in.***