

Suicide Loss - Grief Support Group

What are the emotional impacts of Traumatic Grief?

- Shame, anger, rage
- Depression and anxiety
- Panic attacks and mood swings
- Feeling out of control

We encourage you to tell your story and honor the memory of your loved one.

Hosted by **Valley View Funeral Home & Cemetery.**

8 week program, one evening per week.
Session begins on:

Wednesday, April 20

6:30 PM - 8:30 PM

**Valley View Funeral Home
- Arbor Lounge**

14660 - 72nd Avenue, Surrey, BC

To register, or for more information, call:

604-312-0484



Valley View
Funeral Home & Cemetery
by Arbor Memorial

14644 - 72nd Avenue, Surrey, BC V3S 2E7
valleyviewsurrey.ca